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MIGHTY 'APHRODITE'

Kylie Minogue's latest disc is vapid but oh-so danceable **30**

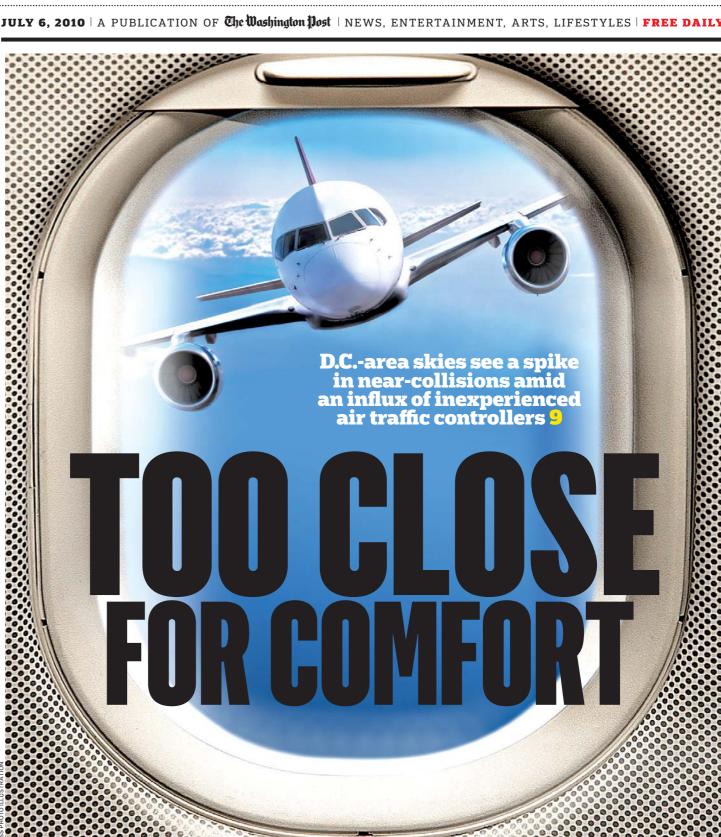
A SLOW ROASTING

Temperatures will hover around 100 for several more days **10**

Uruguay carries the hopes of a continent against the Dutch 12









Come On — It's Not Any **Weirder Than Go-Gurt**

Jam made from what its maker claims is one of Princess Diana's hairs is up for sale at a surrealist art show in London. The 5-pound-per-jar (\$7.60) jam is both art and food, creator Sam Bompas said. The substance was made by infusing a tiny speck of the late princess' hair with gin, which is then combined with milk and sugar. Bompas said the product is meant to provoke people into thinking about food marketing. (AP)

"I didn't understand that some people saw genitalia. ... My intent was to paint a

- DEBORAH DAVIS DEFENDS A BEAVER SCULPTURE THAT WAS REMOVED FROM A MINNESOTA ART WALK FOR ALLEGED RACINESS. EIGHT OTHER BEAVER STATUES WERE DEEMED OK

Drug Lord Helps Minions Explore Sculpture, Sports

A replica of the World Cup trophy fashioned out of cocaine was found during a routine security check by anti-drug agents Friday in a mail warehouse at the international airport in Bogota, Colombia. The 14-inch-high statue was made from 24 pounds of cocaine mixed with acetone or gasoline to make it moldable. (AP)





REVELERS AND BULLS hit the water running on Monday as part of the "Bous a la Mar" ("Bulls to the Sea") festival in Denia, Spain. The bulls are later brought back to land by small boats. (AP)

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Nation



Takeru Kobayashi, right, greets a fan after leaving jail in New York Monday.

Kobayashi Relishes Freedom

New York

Japanese eating champion Takeru Kobayashi, arrested at a July Fourth hot dog-eating contest, was freed Monday after a night in jail, looking a little weary and saying he was hungry.

Kobayashi was freed by a Brooklyn judge after he pleaded not guilty. The slim, boyish 32-yearold said he consumed only a sandwich and some milk in jail.

A contract dispute had kept Kobayashi out of Sunday's annual Nathan's Famous International Hot Dog Eating Contest, but he showed up anyway. "I was there as a spectator, just to cheer on my buddies," he said through an interpreter. Fans chanted for him, and, "in the heat of it, I jumped on the stage, hoping they would let me eat." (AP)

Bad Weather Slows Oil Cleanup

Skimmers sit idly without equipment to handle conditions

Pass Christian, Miss.

Across a wide stretch of the Gulf of Mexico, the cleanup of the region's worst-ever oil spill has been essentially landlocked for more than a week, leaving skimmers stuck close to shore.

Last week, the faraway Hurricane Alex idled the skimming fleet off Alabama, Florida and Mississippi with choppy seas and stiff winds. Now they're stymied by a succession of smaller storms that could last well into this week.

"We're just lying in wait to see if we can send some people out there to do some skimming," said Courtnee Ferguson, a spokeswoman for the Joint Information Command in Mobile, Ala.

Officials have plans for the worst-case scenario: a hurricane barreling up the Gulf toward the spill site. But the less-dramatic weather conditions have been met with a more makeshift response.



A boat skims oil in Mobile Bay, Ala., Sunday. Skimmers have been forced to stay near shore as choppy seas have slowed the cleanup.

BP's Rising Costs

BP's costs for the disastrous Gulf of Mexico oil spill climbed nearly half a billion dollars in the past week, raising the oil giant's tab to just over \$3 billion for work on cleaning and capping the gusher and payouts to individuals, businesses and governments. The total of \$3.12 billion was up from \$2.65 billion a week earlier. (AP)

Skimming operations across the Gulf have scooped up about 23.5 million gallons of oil-fouled water so far, but officials say it's impossible to know how much crude could have been skimmed in good weather because of the fluctuating number of vessels and other variables.

Jerry Biggs, a commercial fisherman in Pass Christian, Miss., who has had to shut down because of the spill, is now hiring out his 13 boats and 40-man crew to BP for cleanup. He said the skimming operation is severely hampered by the weather. "We don't even have the equipment to do the job right," Biggs said.

From Louisiana — where skimming resumed after a three-day halt last week — to Florida, there are about 44,500 people, nearly 6,600 boats and 113 aircraft enlisted in the cleanup and containment effort, according to BP PLC. (AP)



WINNING

Science is confirming something that successful politicians seem to know instinctively — support your local football team. A new study, published in Tuesday's editions of Proceedings of the Nation-

al Academy of Sciences, looked at elections and found that wins in the two weeks before an election boosted the vote share of incumbents in the county where a school is located by 1.05 to 1.47 percentage points — enough to make a difference in a close race. (AP)

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Nation

Bolting Horses Kill One at Parade

Scores are injured when startled horses race through crowd

Bellevue, Iowa

A pair of runaway horses in harness crashed into a Fourth of July parade float and collapsed, ending a rampage that injured nearly two dozen people and killed one, people at the parade said Monday.

Mayor Virgil Murray said officials were working Monday to reconstruct exactly what happened at the parade, which he described as "bigger than Christmas" in the small Mississippi River town on the Iowa-Illinois border.

The parade, which draws 3,000 to 4,000 people to the town of about 2,300, began about 10 a.m. Sunday. The rampage began sometime between 10:30 and 11:15 a.m., he



Onlookers help a child injured Sunday by runaway horses at a Fourth of July parade.

said, and was over in minutes.

The horses got spooked after they rubbed heads and one's bridle fell off, police said. They ran about six blocks, moving up onto sidewalks and back into the road, plowing through children lined up along the street to watch the parade.

People at the parade said the buggy hit a sign and overturned,

Holiday Accidents

Several July Fourth celebrations were marred by deaths and injuries across the country this weekend.

- Las Vegas fire officials say a man in his mid-20s who was hurt in a fireworks accident later died.
- A wooden deck crumpled under a group of Fourth of July partiers in Hoover, Ala., killing one person and iniuring six others.
- A firework exploded into a crowd gathered for a Fourth of July celebration in Palmyra, in central Pennsylvania, injuring 11 people. (AP)

dumping its four passengers.

One of the passengers, Janet Steines of Spragueville, died Sunday evening at the University of Iowa Hospital in Iowa City. Her husband had been driving the carriage. (AP)

A Key Photo Op **Set for Obama And Netanyahu**

Washington

Two months after a tense meeting at the White House, Israeli Prime Minister Binyamin Netanyahu and President Obama are set to meet on Tuesday with a deceptively simple mission: getting their picture taken together.

Obama was cool toward Netanvahu during their last meeting, leaving the Israeli leader in the West Wing alone for hours as a subtle rebuke over Israeli settlement policies. The two were never photographed, which in diplomatic code sent a chilly message.

This next meeting has been promised as "a makeup visit," one senior Democratic lawmaker said, giving the two leaders a chance to demonstrate at least some degree of solidarity. (THE WASHINGTON POST)



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Charles Davis Washington D.C.

Charles Davis never got to go to war during his time as a hospital corpsmen in the Navy, but what he saw as a Firefighter was just as horrible as what military members see on the battle field. Charles was one of the first on the scene at the Pentagon after the 9-11 attacks. He spent 27 years with the Arlington County fire department. He can't stop looking in the mirror at his new smile.



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World

Israel Eases Blockade of Gaza

Change brings better access to imports but most exports banned

Kerem Shalom, Israel

Israel is easing its blockade of Hamas-ruled Gaza to allow in virtually all consumer goods, but the new rules are unlikely to restore the territory's devastated economy or allow rebuilding of all that was destroyed in last year's war.

The new blockade rules come in response to an outcry following a deadly Israeli raid on a blockadebusting flotilla at the end of May.

The changes will improve Gazans' access to goods from household cleaners to timber, but Israel will continue to ban most travel and exports from Gaza and restrict the import of desperately needed construction materials.



Israelis march for the release of captured Israeli soldier Sqt. Gilad Schalit in Tel Aviv.

Gaza business leaders and rights activists said the measures are far short of what Gaza needs and that the only active cargo crossing, Kerem Shalom, may not be enough to bring in all the goods now permitted. Israeli officials said the remaining restrictions, including on exports, are essential for maintaining security.

On Monday, goods dropped off at Kerem Shalom included washing machines, which were previously banned from import. Aid supplies that had been transported on the intercepted flotilla also found their way to the crossing, including previously banned mattresses.

Israel started restricting movement of people and goods in and out of Gaza after the 2006 capture of an Israeli soldier, Sgt. Gilad Schalit, by Hamas-allied militants. A year later, when the Islamic militant Hamas overran Gaza, Israel — backed by Egypt — imposed a fuller closure, allowing in only a few dozen types of humanitarian goods like basic foods and medicine.

Israel says it will lift the blockade if Hamas releases the soldier, recognizes Israel and renounces violence.

Hamas has rejected those terms.

KARIN LAUB (AP)

In Brief

TBILSI, GEORGIA

Clinton Backs Georgia

Secretary of State Hillary Rodham Clinton on Monday pledged U.S. support for Georgia, a former Soviet state recovering from an August 2008 Russian military invasion and seeking to consolidate its democracy. "The United States is steadfast in its commitment to Georgia's sovereignty and territorial integrity," she said. (AP)

CIUDAD VICTORIA, MEXICO

Calderon Allies Win Vote

President Felipe Calderon's allies held back a resurgence by Mexico's old ruling party, according to results Monday from elections marred by drug gang violence so severe a large majority stayed home in two dangerous border states. (AP)

THE HAGUE, NETHERLANDS

Errors in Climate Report

The Netherlands Environmental Assessment Agency, taking the blame for one of the glaring errors that undermined the credibility of a seminal U.N. report on climate change, said Monday it has discovered more small mistakes but stood by the report's conclusion. (AP)



HARD TIMES

Like millions of her subjects, Queen Elizabeth II is going to have to make do with less cash, as royal finances are being squeezed by Britain's budget crisis. Accounts published Monday by Buck-

ingham Palace reveal the total public cost of supporting the monarchy was 38.2 million pounds (\$57.8 million) for the year as of March 31, the equivalent of 62 pence (94 cents) per person. That's more than 3 million pounds less than in 2008-2009. (AP)



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World

Late Polish Leader's Twin Loses

Komorowski wins presidency, boosting pro-business party

Warsaw, Poland

Poland chose a rival of the late president's over his twin brother in a vote seen as a move away from three months of shock, grief and mourning that followed the death of Lech Kaczynski in a plane crash.

Bronislaw Komorowski was declared the winner Monday, meaning his governing pro-business Civic Platform party now has a year of control of both government and the presidency before the next parliamentary elections.

It represents a chance for them to fulfill promises to dismantle some remnants of the old communist-era welfare state. They have pledged to attack privileges ranging from permanent sick leave to low taxes for rich farmers in an attempt to prevent the European debt crisis from spreading to Poland.

The Eastern European nation of 38 million people is the largest of the new European Union members and has a vibrant economy that has grown even amid the global downturn. But it is still struggling with legacies from its decades of communist rule, including dilapidated



Bronislaw Komorowski is expected to push through free-market reforms.

infrastructure and large numbers of unemployed who haven't adjusted well to capitalism — many of whom draw welfare benefits.

Komorowski was elected for a five-year term, separately from the government, ending three years in which Lech Kaczynski, a social conservative who favored strong welfare protections, used his veto power to stop Prime Minister Donald Tusk from pushing through free-market reforms.

Kazimierz Kik, a political analyst and head of a political sciences institute in Kielce, said that Komorowski's victory gives Tusk and his party the chance "to modernize the country." VANESSA GERA (AP)

FAMILY TIES?



Authorities in Iceland

exhumed the body of American chess champion Bobby Fischer Monday to determine whether he is the father of a 9-year-old girl from the Philippines. Last month Iceland's supreme court ruled Fischer should be exhumed so DNA testing could determine whether he was the father of Jinky Young, whose mother says she had a relationship with Fischer. (AP)

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Money

Few Reap Benefits as Rates Fall

For buyers, plunging interest rates remain painfully out of reach

Lending

An odd scene has been playing out lately in the offices of mortgage brokers and bankers across the country.

Mortgage rates have sunk to levels not seen in more than a half-century — a seductive 4.58 percent for an average 30-year fixed loan. Yet brokers and lenders report not a flood but a trickle of customers.

Call it a tale of the haves and have-nots.

The haves are those who stand to save money from refinancing and have the financial standing to do so. Since mortgage rates have been low for so long, most of them



Low interest rates haven't increased business for Florida real estate agent Joe Bell.

already have refinanced in the past 18 months. Doing so again wouldn't be worth the cost for most.

The have-nots? Those are the millions of Americans pummeled

by the housing collapse. They have little or no home equity or no money for down payments. Or they lack the credit or steady income to get or refinance a mortgage.

The 4.58 percent average for a 30-year fixed-rate loan last week was the lowest on the records that mortgage company Freddie Mac has kept since 1971. The last time rates were lower was the 1950s, when most long-term home loans lasted just 20 or 25 years.

A decade ago, if you'd told David Christensen — owner of Mountain Lake Mortgage in Lakeside, Mont. — that rates would drop this low, he wouldn't have believed you. And if rates did somehow fall this far, he never thought he would lack for customers, as he does now.

Christensen argues that mortgage lending standards have tightened so much since the financial crisis that many people with decent but not-stellar credit can't qualify.

"The pendulum has swung too far the other way," Christensen said. "It needs to come back to the middle." (AP) ADVICE

Investing

The ups and downs of investing can be costly. Here are some tips on playing it cool, which will pay off later:

Override Emotions

Every investor has a different set of weaknesses and must learn to understand the point at which emotions kick in and how to stop it.

Find a Structure That Works

Come up with a plan to defeat temptations to overreact. For example, if you have a 401(k) account with online access and you know you may be impulsive, build obstacles that deter quick reaction.

Settle on a Personal Strategy

The key is consistent investment over a long time, resisting the urge to pull out and get back in. Having a preprogrammed trading plan may work. (AP)

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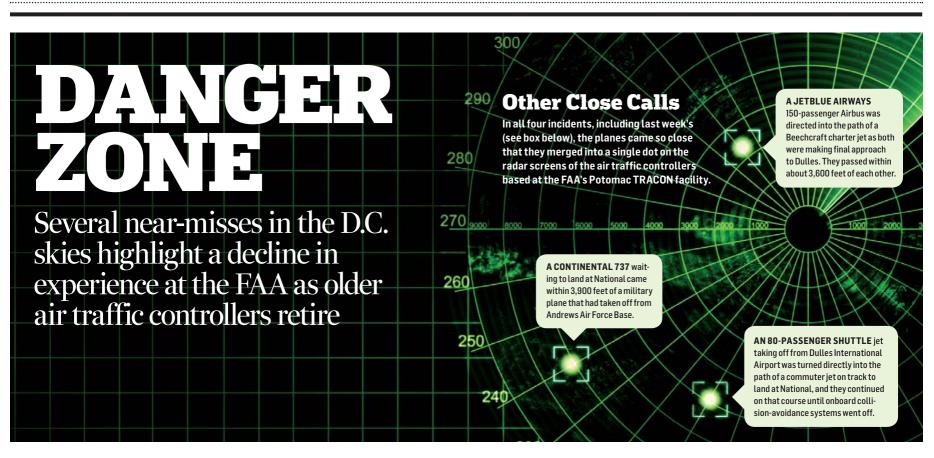
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Cover Story



Washington

A 120-seat United Airlines plane bound for Reagan National Airport from Chicago narrowly avoided colliding with a business jet departing from Dulles last Monday, the latest of 22 recent potentially dangerous mistakes by air traffic controllers who command the skies above Washington.

The United Airbus 319 was within 15 seconds of colliding with a 22-seat Gulf-stream jet before, an internal FAA document shows, an onboard warning system ordered the pilots to take evasive action. The United pilot reported seeing the smaller jet pass just behind him.

The number of times planes have come too close for comfort in the region in the past six months has surpassed the total of 18 the previous year. Nationwide, air traffic controllers committed 949 errors last year.

The incidents come as a new cadre of controllers is being trained to replace a generation of retiring controllers, a legacy of the 1981 strike during which President Ronald Reagan fired virtually the entire staff of controllers. Forty-nine of the 177 controllers who handle in-flight traffic for the Washington region, the third-busiest airspace in the nation after New York and Los Angeles, have yet to be certified in all aspects of their job, according to the FAA.



What Happened

Last Monday's incident in which a United plane nearly collided with a business jet occurred as thunderstorms disrupted the normal flow of air traffic in the region, requiring controllers to send planes under their direction into airspace supervised by their colleagues. The United pilot radioed that he

had "pulled up twice, hard" to avoid a twin-engine Gulfstream business jet that had come within several hundred feet. The controllers handling the two planes were sitting two radar screens away in the Warrenton Terminal Radar Approach Control (TRACON) building. When the United controller needed to send the plane into the airspace under a colleague's supervision, he did a "splat-splat," highlighting his United plane in yellow as it made the move. But there was no oral communication. (TWP)

NTSB Investigations

The NTSB is investigating almost a dozen midair near-collisions that have occurred nationally since it began to mandate that they be reported in March. They include an incident 24,000 feet over Maryland on March 25, when a Continental Airlines 737 came within about a mile of colliding with a Gulfstream jet. The traffic was under the direction of a controller who had been on the job for almost three years after graduating from a college program. She was still in training.

The incidents over Washington, detailed in internal FAA documents, have ranged from planes being ordered into the dangerous, turbulent wake of jumbo jets to mistakes that could have led to midair collisions involving commercial airliners carrying hundreds of passengers.

Filling the Void

There is no question that the mass turnover in the controller workforce has had an impact on the system. Controllers are required to retire at 56 or after 25 years of service. As a result, the mass hiring in the years after the Reagan firings has brought about mass retirements in recent years.

At the same time, a pay freeze in effect until recently gave experienced controllers no financial incentive to move from less hectic regional airports into the more complex and pressurized environments of major hubs.

Without that farm-team system to draw on, the FAA turned to recent training school graduates, controllers leaving military service and people with an aptitude for the profession to fill jobs at major TRACONs, according the FAA.

'Lessons Learned'

Forty-nine of the 177 controllers at the Potomac TRACON facility are working toward full certification. One of them, known as a "developmental" controller, was handling traffic at National this year on a day when bad weather and wind shifts caused chaos in the system, leading to a pair of error reports. The wind shift required the airport to reverse the direction of operations.

After the developmental ordered a commuter jet to follow dangerously close to a Continental plane, the supervising controller stepped in to order the Continental flight to break off its approach. Then the supervisor ordered the controller who had been assigned to instruct the developmental to take her place at the radar. The more experienced controller made the second mistake, misjudging the speeds of two approaching planes.

Kept aloft longer than expected by the confusion, some of the planes ran low on fuel. After a review, the internal report underscored communication failures.

"Don't keep secrets, especially during critical and disorganized operations like an unexpected runway change," the document said under the heading "Lessons Learned."

"During critical and disorganized operations, just one or two mistakes can adversely escalate an entire situation."

ASHLEY HALSEY III (THE WASHINGTON POST)



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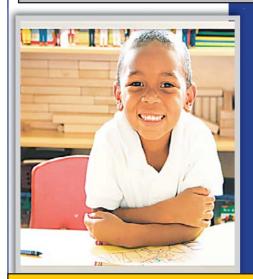
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Jason Afaro, 3, plays in the cool mist at the National Zoo Monday. A code red air-quality alert was in effect Monday in Washington.

No Rest for the Roasted

Area's heat advisory is in effect through 8 p.m. Wednesday

Washington

It's hot in the Washington area, and the National Weather Service says it will only get worse.

A heat advisory is in effect around Washington and Baltimore from noon Tuesday to 8 p.m.

Wednesday.

Temperatures are expected to reach 100 degrees Tuesday and Wednesday afternoons. When combined with humidity, the heat index could reach 105. Even at night, temperatures won't dip below 80.

On Monday afternoon, the weather service reported 98-degree temperatures at Baltimore-Washington International Thurgood Marshall Airport and 95 degrees at Reagan National Airport.

The number of people to die of heat-related causes this year in Maryland has reached six.

That's the same number of heat deaths as recorded for all

Virginia and the District of Columbia have already surpassed last year's numbers for heat-related deaths, with three recorded in Virginia and one in D.C. (AP)

Two-Alarm Roof Fire Displaces 18

Washington

Eighteen people are homeless after a two-alarm fire damaged three rowhouses in Northwest Washington before dawn.

A fire department spokesman says nobody was injured. About 100 firefighters were called to the scene early Monday after the blaze started on the roof of one house.

D.C. Fire and EMS spokesman

Pete Piringer says a neighbor spotted the fire around 5 a.m. Neighbors banged on the door and got people out of the house on Rhode Island Avenue NW.

Fire and smoke spread and damaged two neighboring rowhouses. (AP)

The Lotteries

Monday, July 5

District

Mid-day Lucky Numbers	4-9-
Evening Lucky Numbers (Sun.)	3-4-
Mid-day DC 4	3-2-9-
Evening DC 4 (Sun.)	6-7-4-
Mid-day D.C. Five	1-4-6-5-
Evening D.C. Five (Sun.)	2-7-8-7
Daily 6 (Sun.)	4-30-33-37 (

Mid-day Pick 3	0-2-
Evening Pick 3 (Sun.)	5-5
Mid-day Pick 4	1-3-0
Evening Pick 4 (Sun.)	0-9-3
Mid-day Cash 5 (Sun.)	8-19-22-25-2
Evening Cash 5 (Sun.)	7-9-14-19-3

/lid-day Pick 3	3-9-5
evening Pick 3 (Sun.)	1-0-1
/lid-day Pick 4	7-7-3-1
vening Pick 4 (Sun.)	4-1-2-5
/latch 5 (Sun.)	4-7-18-22-34 (13)

All winning numbers are official only when validated at a claims location. Drawings that occur after Express deadline will be published two days later.

Local

In Brief

WASHINGTON

SoberRide Serves 389 On Holiday Weekend

A group that provides free cab rides to get drunken drivers off the roads provided nearly 400 rides on Independence Day. The SoberRide program, operated by the nonprofit Washington Regional Alcohol Program, provided 389 rides between 10 p.m. Sunday and 6 a.m. Monday. That's a 17 percent increase over the last July Fourth. (AP)

POTOMAC, MD.

Water Restriction Fine Issued by Md. Police

Police have issued one \$500 citation and 180 warnings for failing to adhere to



Nearly 135,000 of George Washington's documents will move to Mount Vernon.

mandatory water restrictions in Prince George's and Montgomery counties. The Washington Suburban Sanitary Commission is aiming to cut water use by a third while it repairs a failing section in an 8-foot water main in Potomac. On Saturday, usage was down just 14 percent. (AP)

CHARLOTTESVILLE, VA.

Washington's Papers Moving to Mount Vernon

A collection of about 135,000 documents belonging to George Washington and studied at the University of Virginia for more than four decades will be making its way to the home of the nation's first president as the centerpiece of a new library. The Papers of George Washington project, which is housed in the University of Virginia's Alderman Library, was launched in 1968 by the university and the Mount Vernon Ladies Association. The project was awarded the National Humanities Medal in 2005 by President George W. Bush, becoming the only documentary editing project to receive that honor. (AP)

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World Cup 2010

From Long Shot to Last Hope

Buoyed by Suarez's hand, Uruguay has S. America's support

Soccer

The World Cup turned sour for South America in the quarterfinals. Only one team from the continent advanced — Uruguay, the least likely of all to make the final four.

Yet here the Celeste is, ready to play the Netherlands on Tuesday night for a spot in the World Cup final. The last nation to make the





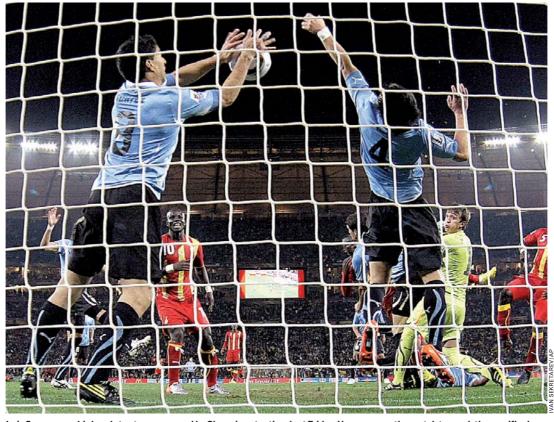
is alive and well in South Africa.



32-team field, needing a playoff against Costa Rica to get in, Uruguay

From that two-game playoff with Costa Rica to winning their first-round group and not allowing a goal, the Uruguayans have made an impressive showing. They punctuated it with wins over South Korea 2-1 in the second round and Ghana 4-2 on penalty kicks after a 1-1 draw in the quarterfinals. Tough as they have been, the Uruguayans needed the "hand of Suarez" to stay in the tournament.

Striker Luis Suarez blocked a Ghana shot with his arm at the goal line in the final seconds of extra time on Friday night. He drew a red card and is suspended for the semifinal, but Asamoah Gyan hit



Luis Suarez uses his hands to stop a sure goal by Ghana in extra time last Friday. Uruguay won the match to reach the semifinals.

"Uruguay is a strong side, and we will have to be very concentrated. They are fighters, survivors."

- DUTCH COACH RERT VAN MARWIJK, ON HIS OPPONENT IN THESDAY'S MATCH

the crossbar with the ensuing penalty kick. Reprieved, Uruguay won the shootout, and Suarez was hailed as a hero back home.

The young forward, who has three goals in the tournament, said it was "complicated" to be ejected from a World Cup game. "But the

way in which I was sent off - truth is, it was worth it," he said.

Truth is, every player in the tournament would have done the same thing to keep his team from certain elimination.

But without Suarez, the last South American team standing

after Brazil, Argentina and Paraguay went out in the quarterfinals is a long shot to win its third title and first since 1950. The Uruguayans are running as a 10-1 long shot, while Spain is 2-1, and both the Netherlands and Germany are 9-5.

Uruguay and the Netherlands have met twice, each team with a victory. The Dutch won the only World Cup match, 2-0 in 1974, on their way to losing in the final in Germany. They also lost the 1978 final in Argentina, both times to the home team.

The Dutch figure to have the majority of fans on their side. South Africa has strong Dutch ties, of course, and thousands of fans traveled from the low country to the tournament. Not nearly as many Uruguayans are here, and after the team beat Ghana and in the way it beat Ghana it's unlikely too many Africans will be cheering for the Celeste. BARRY WILNER (AP)



Dunga and his staff were let go after a 2-1 quarterfinal loss to Holland Friday.

Dunga Fired as Brazil's Coach After Loss to Dutch

Dunga is out as coach of Brazil's national soccer team. The coach and his staff were fired Sunday, two days after Brazil was beaten by the Netherlands in the World Cup quarterfinals. The decision was widely expected after the 2-1 loss to the Dutch. Brazil led 1-0 on Robinho's first-half goal but allowed two goals and had a player sent off in a dismal second-half performance in Port Elizabeth, South Africa. (AP)

Nigerian President Backs Off Plan to Suspend Team

Nigerian President Goodluck Jonathan has dropped a threat to suspend the national soccer team from playing for two years because of its poor World Cup showing and corruption allegations. In a statement, Jonathan's office said the decision came after a meeting Monday with the Nigeria Football Federation. The federation's executive committee fired the group's president and vice president Sunday in an effort to appease the government. (AP)

Paraguay Coach Quits

Coach Gerardo Martino is leaving the Paraguay national team, and striker Roque Santa Cruz says this was his last World Cup. Martino and Santa Cruz announced their plans Monday as the team arrived home after a 1-0 loss in the quarterfinals to Spain. An Argentine, Martino said his four-year contract had expired, but he said he would help with the transition to a new coach. (AP)

HE WORLD IS WATCHING

According to one study, the amount the German economy has lost in productivity since the World Cup began. Surveys in **Britain predict output** losses there of \$1.5 billion to \$2.3 billion.

The number of employ-

ees who took up German insurer Allianz SE's offer to watch the Germany-Serbia match in a viewing area — as long as they punched out before they watched.

cans who tuned in to ABC for the team's 2-1 loss to Ghana. Another 4.5 million watched it on Univision, making it the mostwatched men's World Cup game ever in the U.S.

The rank of the World Cup among productivity sappers in the U.S., based on a nonscientific ranking of top sporting events carried out by Challenger. Grav & Christmas. March Madness was No. 1.

Sports

Heat Fans Miss Wade, Wait on a Decision

Welcome party goes wrong for free agent after airport mix-up

Pro Basketball

Heat fans missed a chance to make their case to Dwyane Wade on Monday. No big deal. Micky Arison did it for them.

As Wade moved closer to deciding his future, he returned to Miami and was seen entering the team's arena with team owner Arison, who wants to pay the sixtime All-Star about \$127 million for the next six seasons. The day started with a glitch — fans were told to show up at the wrong part



 $Dwy ane\ Wade\ greets\ reporters\ after\ a\ meeting\ with\ the\ Chicago\ Bulls\ Thursday.$

of Miami's airport to greet Wade but Heat officials remained optimistic their star player isn't going anywhere.

For his part, Wade was still con-

templating his future.

"Not there yet," Wade's agent, Henry Thomas, said Monday.

Thomas represents Wade and Chris Bosh, two-thirds of the triumvirate that's driving this unprecedented free-agent period, along with two-time MVP LeBron James.

"They want to feel like they have evaluated everything about each situation," Thomas wrote in an e-mail to The Associated Press.

Although Wade often has said he would like to remain in Miami — provided the team's roster is upgraded to his liking — tension is clearly high around 601 Biscayne Blvd., the Heat's home address.

"We love him," said Michael McCullough, Heat executive vice president and chief marketing officer. "We're not the only ones, and we hope that he comes back."

TIM REYNOLDS (AP)

TV Lineup

NATIONALS (7 P.M., DC50) Stephen Strasburg's hometown team, the San Diego Padres, visit the Nationals in the start of a three-game series.

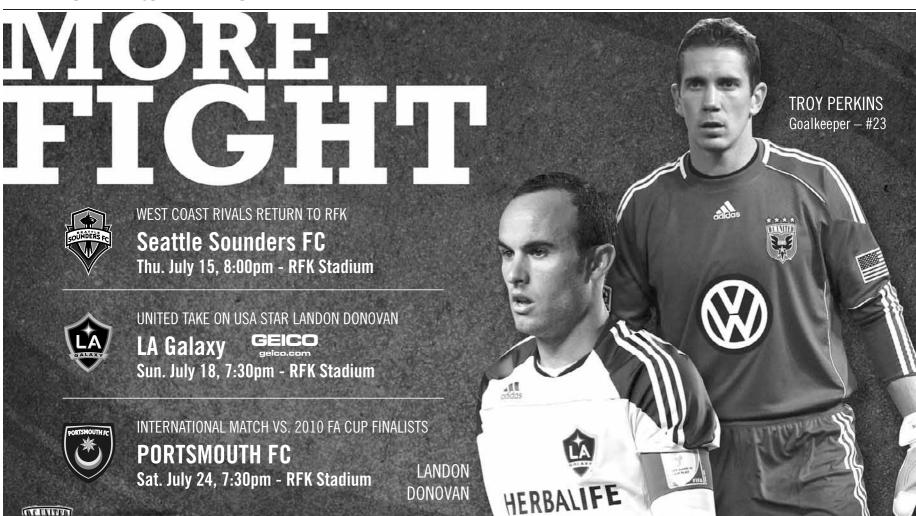
SOCCER (2 P.M., ESPN) Uruguay battles the Netherlands in Cape Town, South Africa, with a spot in Sunday's World Cup final on the line.

CYCLING (8:30 A.M., VERSUS)

Stage 4 of the Tour de France takes Lance Armstrong and company from Cambrai to Reims, France.

WOMEN'S BASKETBALL (8 P.M.,

10 P.M., ESPN2) Chamique Holdsclaw and the San Antonio Silver Stars, who are in second place in the West despite having a losing record, face the Connecticut Sun and then the Phoenix Mercury visit the Los Angeles Sparks.



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Sports

Rough Riding at the Tour

Armstrong bloodies thigh during stage marked by crashes

Cycling

Lance Armstrong bloodied his thigh in a tumble to the asphalt Monday, one of dozens of Tour de France riders ensnared in widespread nerve-racking crashes Monday during a rainy second stage won by new race leader Sylvain Chavanel of France.

Armstrong and defending champion Alberto Contador of Spain fell on a slippery descent from the midgrade Stockeu Pass toward the end of the 125-mile run from Brussels to Spa. Both completed the stage and were OK, their teams said.

Chavanel took the yellow jersey from Swiss rider Fabian Cancellara. The Frenchman finished in 4 hours, 40 minutes, 48 seconds, winning a Tour stage for the second time in his career. Armstrong is in fifth place overall, 3:19 behind.

With so many riders downed in crashes, organizers said they briefly



Tour de France cyclists pack-ride in Monday's rain-swept stage from Brussels to Spa.

Meanwhile ...

French Sports Minister Roselyne Bachelot is taking a wait-and-see approach when it comes to Floyd Landis' allegations that Lance Armstrong has doped during his career. Landis gave the Wall Street Journal new details about his own use of banned products in a story published last week and accused Armstrong of receiving blood transfusions during the 2004 Tour. (AP)

considered canceling the stage altogether. But under the race rules, the spills were too spread out to warrant a cancellation.

Armstrong returned to the RadioShack team bus with his leg and hip scraped, an elbow aching, his team outfit torn. Many riders suspect a mixture of motor oil and water on the roads was to blame.

"It was surreal. When I got back on my bike ... I saw crash, after crash, after crash," Armstrong said. "It was like war." JAMEY KEATEN (AP)

Secrets of Israel's Nuclear Arsenal

Free Public Policy Event at the International Spy Museum

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Grant F. Smith, director of the Institute for Research: Middle Eastern Policy (IRmep) and author of the books Spy Trade, America's Defense Line and Foreign Agents.

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Sports

Georgia AD Out After DUI Charge

Incident report says Evans attempted to influence officer

Athens, Ga.

Damon Evans resigned as Georgia's athletic director less than a week after he was arrested on a DUI charge.

School president Michael Adams made the announcement Monday after a conference call with the executive committee of the athletic association's board of directors.

Evans was arrested late Wednesday in Atlanta. He was charged with DUI and failure to maintain a lane.



Damon Evans was the Southeastern
Conference's first black athletic director.

Also arrested with him was Courtney Fuhrmann, who was charged with disorderly conduct.

Evans became the Southeastern Conference's first black athletic director in 2004.

Details from the Georgia State Patrol's incident report show Evans attempted to influence the arresting officer, identified in the report as M. Cabe, by telling the officer he was Georgia's athletic director.

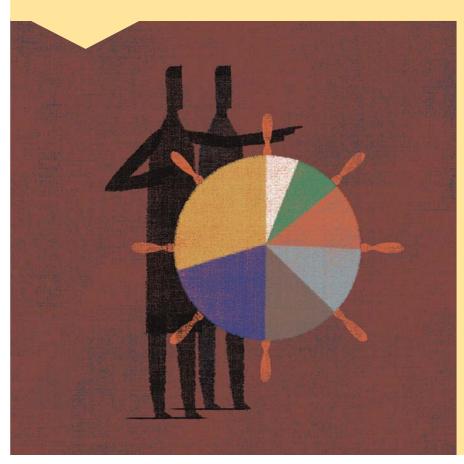
Cabe said Evans asked to be taken to a motel instead of jail or to be let off with a warning.

The officer noted that Evans was found with a "red pair of lady's panties between his legs." Evans was the public face of the school's athletic department in many venues, including at home football games at Sanford Stadium. Before each game, his taped video message was played as he urged fans not to drink and drive. (AP)

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Body Talk



What Ward 8 Ate

ESPN probably won't be covering the Ultimate Salad Competition this Saturday in Marvin Gaye Park (5200 Foote St. NE), but the outcome of this contest is going to be more important than that of any baseball game. It's the headline event for the first Summer Harvest Festival (11 a.m.-4 p.m.; Summerharvestfestival.com), a collaboration of Healthy Solutions



and Washington Parks and People.

"It's the first large-scale food event centered around health east of the river," boasts Tanikka Cunningham.

executive director of Healthy Solutions, which provides access to fresh produce in Ward 8. And it should be fun. While kids take on the "Top Chef"-esque challenge, other folks can explore a walking trail highlighting various fruits and veggies. There will be container garden demos, a farmers market and a celebration of George Washington Carver. (There's also a chance first lady Michelle Obama will show up.)

The whole city is invited to attend to pick up nutrition tips. "We want to give people a stepping stone," Cunningham says. So, no matter who triumphs in the battle of the bowls, everyone is going to leave a winner.





Lululemon employees dig into the spread on the W Hotel roof. In addition to the cold buffet, brunch diners get a hot entree.

Burn off Brunch

'Beach Bums and Bellinis' offers a Sunday of sweating and then sipping

Exercise

Drinking after exercise is perfectly normal — as long as it's out of a water bottle. But the W Hotel (515 15th St. NW; Whotels.com) and Lululemon (Lululemon.com) are teaming up to make your hydration more of a celebration.

For the "Beach Bums and Bellinis" series every other Sunday throughout the summer, the yoga apparel store's fitness ambassadors are leading hour-long classes in a huge room on the top floor

of the hotel at 10:45 a.m. and then sending their students to the glam roof deck for a buffet brunch, complete with bottomless Bellinis and Bloody Marys. (Reserve by calling 202-661-2455, or signing up a local Lululemon.)

"It's about balance and what makes you feel good," says Audrey Schaefer, who showed up for the kickoff event June 27, lured by the chance to workout and hang out. On the menu for her that morning: hip-hop yoga, followed by eggs Benedict, peach-flavored bubbly and plates of goodies from the extensive raw bar.

Instructor Michael Hall of Mid City Yoga, wearing a gold chain and an askew baseball hat, set the mood for the day's festivities with



Classes are for all levels but are meant to make you work for those Bellinis.

a bumping play list (and a humorously excessive use of the word booty). But he still took the opportunity to teach a rigorous, all-levels practice that required "pushing it real good."

Expect the rest of the roster to follow his lead, adding a touch of levity to serious fitness. Take this Sunday, when Heather Cohen of Stroga is teaching a "pop star workout," inspired by the fitness routines of music's top divas. So, the crew will do power yoga to Madonna tunes and butt exercises accompanied by J. Lo's greatest hits. And they'll leave also knowing the choreography to Britney Spears' "3." "You will earn those Bellinis," Cohen promises. (Note to guys: This would be a good place to pick up women.)

The combo is just \$39 (plus tax and tip), which is normally the price of the grub and drinks at the W alone. Considering a comparable class at a yoga studio or gym around town would run in the \$15-\$20 range, it's a bargain. Plus, all of the attendees through the end of the series, on Sept. 12, will be entered to win a few fabulous prizes, including a Saturday night stay at the hotel and a spa treatment at Bliss.

It was a deal Valerie King and Maureen Doherty, both 27, couldn't refuse — even though neither had ever been to a yoga class before. "Brunch didn't seem so indulgent after the workout," says King, who dug the spread and the White House view.

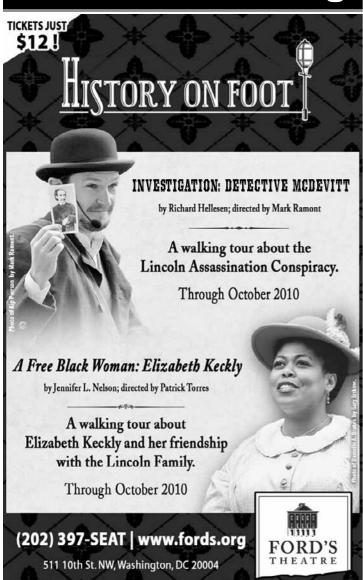
As a bonus, you get to dine in your sweaty gym clothes on the roof next to folks decked out for a trendy meal. "I feel like I'm in my pajamas," marvels Gretchen Hichner, 38.

You're invited to stay and sip for as long as you'd like, so the only danger is getting too comfortable. No one wants to wake up on Monday with a hangover from "yoga." VICKY HALLETT (EXPRESS)

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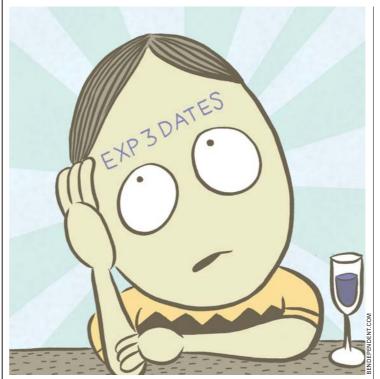
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Third Time's Not the Charm

I'm a professional, educated, single gay man in my early 30s. I have a good sense of humor and take care of myself physically. I've dated, but I've never had a serious relationship. Guys express interest, but everything seems to peter out at around the third date! I don't think I'm showing too little interest nor showing too much. How do I make dating last beyond the three-date mark? DISCOURAGED

The fact that you're actually getting to the third date tells me that you're not doing something egregious to drive these guys away, so much as things are fizzling more slowly.

I'd give some thought to how you're meeting guys and whether you're choosing style over substance. Do you seem to get more nervous, less natural or more distant when that magical third date comes around? Do any of your trusted friends have insight into your patterns? That said, there's not necessarily anything that you're doing that is causing this. Your lament sounds similar to that of a lot of single people. So, hang in there. The more you get out, the more you have statistics on your side.

Working Your Way Through It

I can't stop obsessing about a horrible mistake I made in a big presentation to our entire work team. My manager called me out on it, and I looked like a total fool. My response to his reaction was even worse than the original mistake, since I kept talking just to say something. The project is now totally finished, but I think about it all the time at work and have nowhere near the confidence I did before. Tell me there is some way to stop this! CAN'T GET OVER IT

My guess is that this mistake weaseled its way more deeply into your psyche in part because you're vulnerable in other ways right now—sort of like how you're more prone to get that stomach bug when your body is already worn down.

If it's been more than a month, my guess is that you have some underlying anxiety or depression going on. Counseling could help. But on your own, try to tackle this moment to moment. Use a rubber band to snap yourself and "thought-stop" each time you obsess; refocus with a mantra, deep breathing or a visualization. And make sure you're sleeping and eating well. (That's good for stomach bugs and mental bugs alike.)



Send your mental health and emotional wellness questions to Andrea Bonior, Ph.D., at baggage@readexpress.com. This column is not a substitute for one-on-one care.

Event Horizon Ride Along

express

To see the wheel deal, head downtown Sunday for the Capital Criterium (Capcrit.com). In the morning, Pennsylvania Avenue will be hosting a pro event, plus races for amateurs and kids (who will get a free helmet for participating), and one for local celebs (including D.C. Mayor Adrian Fenty and D.C. Delegate Eleanor Holmes Norton). Spectators can take in the Lifestyle Expo (8 a.m.-3 p.m.), which will be promoting D.C.'s bid for the 2012 Giro d'Italia race.

phys ed fit

A Mettle Winner

Gymnast Dominique Dawes has plans to elevate America's health to a perfect 10

Interview

Dominique Dawes didn't flip out when the White House called asking her to co-chair the President's Council on Sports, Physical Fitness and Nutrition (Fitness.gov). "After competing in three Olympic Games, I don't feel pressure," says the 33-year-old gymnast, also known as "Awesome Dawesome" for her medal-winning ways.

But the Silver Spring, Md., native - who was named to the position two weeks ago, along with her co-chair, New Orleans Saints quarterback Drew Brees — knows it won't be an easy task to whip the nation into shape.

Luckily, she's spent her 10 years in retirement getting a head start, leading workshops for children and speaking loudly about the importance of getting more active. She's also used to pitching in whenever the Obamas ask. ("When it's the White House, the number comes up on my phone as '202' and nothing else," she reveals.)

Her strategy for spreading fitness starts with introducing young people to a range of organized sports. "Not every kid - me included — can throw a football," Dawes says. So, it's critical to spread the message that there are lots of ways to get exercise.

She's a fan of Michelle Obama's new South Lawn Series, which has been bringing local youth together



Dawes, who also conducts gymnastics clinics, hasn't managed to convince the Obamas to get on a balance beam—yet.

her boyfriend. "But it's not always good to get lessons from boyfriends," she warns. "He always says, 'That was good, Honey.' I say, 'It hit a tree.' I think I need a tougher coach."

Although the Council has been around for decades, for 2010, the group's name and mission have been amended to include nutrition. That's why chef Dan Barber known for promoting local, sustainable agriculture — is one of the new members, along with a slew of celeb athletes and doctors.

It's a change that makes sense to Dawes, who had to think about everything she ate when she was competing, and still tries to maintain a healthy diet. "It doesn't matter whether they're exercising if they're going home to eat highcalorie, low-nutrient foods. They won't see a change," she says. "As Michelle Obama has said, life without a burger and fries would be depressing. I agree. But modera-



Maldonado, in the BTI studio, hopes dance can prevent obesity and gang violence.

Stretching The Limits

A new dance school aims to change lives through movement

As an 8-year-old in the midst of war-torn El Salvador, Alvaro Maldonado saw his first ballet performance. "As soon as the curtain opened, I knew that was what I wanted to do," says Maldonado, who's done just that. He enrolled in the public dance school, quickly secured a contract with an international company and spent the next decade traveling and performing. His career brought him to New York and then to Washington, where he's now co-owner of Dupont Circle's FIT personal training gym (Fit-dc.com).

"Dance really saved me. I wouldn't have the life I have without it," says Maldonado, 26, who's hoping he can replicate his experiences with today's youth. "And if I did it, they can do it." That's why he launched Ballet Teatro Internacional Dance Institute (1515 14th St. NW #200; 202-588-8282; Btidance.org). The mission of the nonprofit is to bring movement and music to at-risk kids, and provide opportunities for people of all ages to experience the physical benefits of dance.

But before the outreach programs can start, BTI needs to generate income through adult dance training classes. Maldonado has been warming up the new studio space, which boasts floor-to-ceiling windows overlooking the bustle of 14th Street, with stretching and alignment classes. A more varied schedule of ballet, modern, Afro-Brazilian, belly dance, Zumba, Pilates and yoga kicks off this Friday. (And to mark the grand opening on July 16th, BTI will be offering a weekend of free classes next Friday, Saturday and Sunday.)

Maldonado thinks he can attract both more serious students - who don't have another dance studio anywhere else near downtown — and newbies just looking for a fitness activity. Expect repertory classes and beginner Broadway workshops from his New York pals, which will conclude by inviting family and friends to watch what the students have learned. "People don't always want to dance professionally, but they want to perform," he adds.

And just knowing you're helping children learn confidence, and grace and social skills is bound to put an extra spring in your step. v.H.

"As Michelle Obama has said, life without a burger and fries would be depressing. I agree. But moderation is key."

to sample a range of diversions. A few weeks ago, Dawes found herself there competing in a game that required sprinting between hula hoops and snatching up bean bags. "It was tiring but fun," she says. Even better, these sorts of events are something parents and schools can emulate wherever they are.

And you're never too old to find a new active outlet, says Dawes, who's recently picked up golf from tion is kev."

Except, of course, when it comes to making healthy headway; she's aiming to be the all-around champion. In addition to appearing at public events and promoting physical and nutritional education, Dawes expects the Council to also coordinate with policymakers. With Dawes' track record, she'll probably be able to do it while pointing her toes and sticking the landing. **VICKY HALLETT (EXPRESS)**

Open Season



Dope Ropes: National Harbor is upping the adrenaline with the debut of the Cavella Challenge Course (301-216-1248, Cavella.org) this Saturday. The nauticalthemed setup — two pirate ships and a lighthouse — hold a slew of adventure activities: a 30-foot rock climbing wall (\$10), a 400-foot zip line (\$15, left) and a three-story ropes course (\$55). Walk-ups are welcome on weekends between 11 a.m. and 8 p.m., but groups are invited to schedule outings any day of the week.

fit nutrition

Death by Chocolate? Hardly

Recipe File

DARK CHOCOLATE BROWNIES WITH SOUR CHERRIES

We've all heard of the studies suggesting a few ounces of dark chocolate a week can be good for your health. And while chocolate does contain fat (from cocoa butter), a third of it is the same kind of healthier monounsaturated fat found in olive oil.

All this is good news, especially when you're presented with a plate of rich, chocolaty brownies. But beware — all brownies are not created equal in the eyes of the nutritionist.

These dark chocolate brownies with sour cherries are rich-tasting, moist and chewy, and they sport an admirable dietary profile.

To start with, the batter is made

with dark or bittersweet chocolate chips combined with unsweetened cocoa powder, which adds intense flavor without additional fat.

Plus, a batch of these brownies contains only one egg and a tablespoon and a half of canola oil rather than the stick of butter some recipes call for.

As with any sweet, a brownie is dense in calories, but these pack such a powerful chocolate punch you'll be satisfied with a relatively small portion.

Start to finish: 1 hour (30 minutes active), plus two hours cooling time

Ingredients

- 3/4 cup all-purpose flour
- 2/3 cup powdered sugar
- 3 tbsp unsweetened cocoa
- ▶ 11/2 tbsp canola oil
- 6 ounces semisweet or bittersweet mini chocolate chips, divided
- ▶ 1/4 cup granulated sugar



- 2 tbsp light corn syrup, blended with 3 tbsp lukewarm water
- ▶ 1/2 tsp almond extract
- Pinch of salt
- ▶ 1 large egg
- ▶ 3/4 cup dried sour cherries

Makes 12 Servings

Position a rack in center of oven. Heat the oven to 350 F. Coat an 8-inchsquare baking pan with cooking spray.

In a small bowl, sift together the flour, powdered sugar and cocoa powder.

In a heavy, medium saucepan, combine the oil and half the chocolate chips. Place the pan over the lowest heat and cook, stirring constantly, until just melted and smooth (be careful that the chocolate does not overheat)

Remove the pan from the heat

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and stir in the granulated sugar, corn syrup mixture, almond extract and salt until the sugar dissolves. Stir in the egg until smoothly incorporated. Gently stir in the dry ingredients. Fold in the cherries and the remaining 3 ounces of chocolate chips just until well blended. Transfer the batter to the prepared pan, spreading evenly.

Bake until almost firm at the center and a toothpick comes out with some moist batter clinging to it, 25 to 30 minutes. Let cool completely on a wire rack, about two hours.

Using a sharp knife, cut into 12 brownies, wiping the blade with a damp cloth between cuts. (AP)

192 calories: 58 calories from fat;6gfat (3g saturated;0 g trans fats); 15 mg cholesterol; 34 g carbohydrate; 2g protein; 3g fiber; 33 mg

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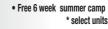
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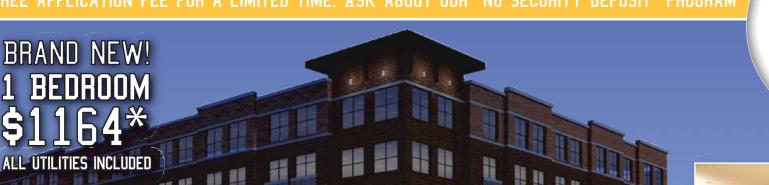
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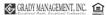






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lookout



Still Standin'

Jessica Simpson has a new boyfriend and a bizarre dietary plan **39**

Sound Bets



Hardcore Bond

The bond between D.C. and Detroit punk rock is spelled out in two new books: "Touch and Go: The Complete Hardcore Punk Zine '79–'83" and "Why Be Something That You're Not: Detroit Hardcore 1979-1985." While the primary focus of both books is Michigan, neither the Detroit nor the



D.C. scene would be complete without the other. "It was really one of the first times anyone outside of Washington really paid us any mind," said Dischord Re-

cords' Ian MacKaye in "Touch and Go." The connection between Detroit bands such as the Necros and the Meatmen, and D.C. groups such as Iron Cross, Faith and Minor Threat led to touring, recording and, most important, support from like-minded individuals in the burgeoning DIY world that would profoundly change how music is made and consumed.

"Touch and Go" collects the entire run of the influential fanzine by Dave Stimson and the Meatmen's Tesco Vee — who became a D.C. resident for a while — along with new commentary from MacKaye, Henry Rollins and more. And "Why Be Something" is an oral and photo history of Detroit's gritty music underworld. Both books are essential.

Comments? Give Christopher your feedback: expressnightout.com/soundbets

Goddess of the Dance

Kylie Minogue's 'Aphrodite' charms with lighthearted, sugary pop melodies

Album Review

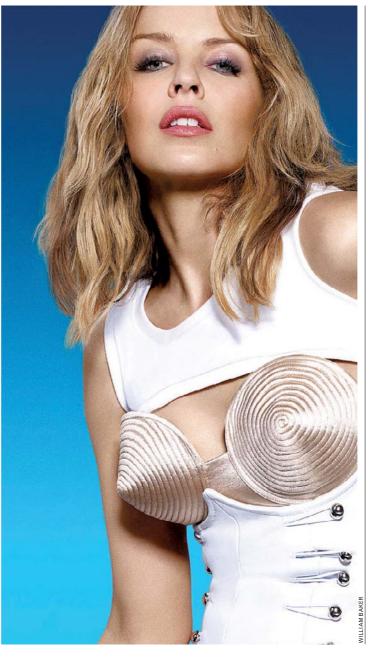
Kylie Minogue has been dancing around Madonna's poppier turf for a while now, so it was only a matter of time before she started poaching Madge's collaborators. The Aussie dance-pop queen's 11th album, "Aphrodite" (Parlophone), was produced by Stuart Price, who also helmed Madonna's 2005 release "Confessions on a Dance Floor."



Kylie Minogue Aphrodite

The result is sparkly and delightful; Minogue sounds both ageless and timeless at age 42. Her voice is breathy without sounding too girlish — perfectly suited for these lighthearted dance tunes.

And "Aphrodite" is full of lighthearted dance tunes. In fact, it seems that many of these songs are actually about dancing: There's the pull-somebody-onto-the-dancefloor lyrics of lead single "All the Lovers," the act-out-the-words number "Put Your Hands Up (If You Feel Love)" and the dance-to-my-pounding-heart reference in "Can't Beat the Feeling."



Sidenote

Branching Out

Minogue recently revealed she is creating a "Mamma Mia!"-style musical featuring her songs from the past two decades. "I would like to get a couple of writers involved. I think we'll probably co-direct it," Minogue said, according to Take40.com. She also just landed her first role in a Hollywood film since 2001, playing a tattooed rocker in the film "Jack and Diane," OMGMusic.com reported. (EXPRESS)

Minogue seems aware that her lyrics are on the vapid side. Her voice has hints of sarcasm as she moans, "What's the point of living if you don't wanna dance?" on "Better Than Today." Later in the same song, she sighs, "We just want tomorrow to be better than today" with no indication of how dancing will help achieve that goal.

But we've never looked to Minogue (or to dance music as a whole) for philosophical insight. Her lyrics are a bit much at times (Kylie's embracing her inner goddess on the title track is too self-indulgent, even for her), but with the glimmering synthesizers, catchy hooks and Minogue's alluring coo, none of that matters. The words just melt away, leaving behind a sugary record that's as charming as it is danceable. CATHERINE LEWIS



expressnightout.com lookout



Scratch That The Kennedy Center is moving into the future. Nah, not really. But it's catching up with the present by participating in the Hip Hop Theater Festival with a Millennium Stage performance that features "turntablism." DJs! Specifically, DJ Rockin' Rob and DJ I-Dee. The Kennedy Center has DJs. Now it just needs to have a rave, and it'll be set. Kennedy Center, 2700 FSt., Tue., 6 p.m., free; 202-467-4600, Kennedy-center.org. (Foggy Bottom)

Generation Because, apparent-

ly, we can't be interested in learning unless the information comes out of a screen — do we call that Wikiddiction? — the Smithsonian has put together a scavenger hunt on the Mall. You have to download an iPhone or Android app to play the game, which involves running through all the museums answering questions and solving challenges. We encourage all participants to wear pith helmets because it'd be funny. Gosmithsonian.com.

One Dude to **Rule Them All**

Charles Ross has found a good gimmick:

He chooses epics that are near and dear to each of our hearts, and then he plays all the characters — in this case,

> it's "One Man Lord of the Rings." That has a certain resonance even though it's not like we did that in our childhood bedrooms while wearing cloaks made out of fuzzy blankets NO, THAT DID NOT HAPPEN.

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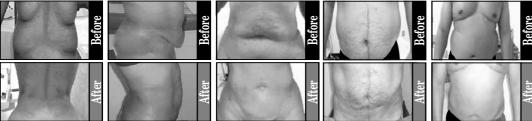


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entertainment lookout

A Rush of Sincere Admiration

A new inside look sheds light on the arena rockers' story

DVD Review



Assorted celebrities are finally coming forward and telling the truth: They are fans of the Canadian prog-rock power trio Rush.

"Rush is just one of those bands," Jack Black says with complete sincerity during "Rush: Beyond the Lighted Stage," a documentary released last week on DVD (\$20) and Blu-ray (\$25), "that has a deep reservoir of rocket sauce."

That so-called rocket sauce — the massive, hard rock, often synth-infused sound generated by front man Geddy Lee, guitarist Alex Lifeson and drummer Neil Peart — provides the fuel for this engaging little film, which traces the history of a band that, until recently, some were embarrassed to admit they loved.

The moments in "Rush" that capture the combination of joyful admiration and genuine respect felt by the band's



'Rush: Beyond The Lighted Stage'

In a Nutshell: The history of Rush, punctuated with raves from celebrity fans.

Extras: Half an hour of deleted scenes; 23 minutes of concert performances.

longtime (mostly male) fans are what make it an energetic document of what it means to remain loyal to a band even though time may pass and critics may demean them. JEN CHANEY (THE WASHINGTON POST)



Film Beat Big Adventure II

Writer-director-producer Judd Apatow, above, is developing a Pee-wee Herman movie with the character's creator, Paul Reubens. The latter is co-writing the film, described as an on-the-road movie built around a big adventure. Reubens revived Pee-wee onstage this year, and that show is set for a 48-performance run on Broadway starting Oct. 26. (AP)



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Best Bets



HawthoRNe Tom fears the worst — the loss of his ability to operate — when he and a friend are severely injured in a car accident. Christina and her colleagues are surprised by Candy's unexpected return from Afghanistan in the new episode "Road Narrows."



The Good Wife Alicia is asked to represent the firm's senior partner on a DUI charge. After Peter's evidentiary hearing goes bust, Alicia wonders whether he really could be guilty of corruption.



My Life on the D-List Suddenly concerned about her retirement plans and having enough money to care for her 89-year-old mother (who has a cult following of her own), Kathy consults with celebrity financial adviser Suze Orman, right.



PBS 10:00 **P.O.V.** The episode "Promised Land" looks at South Africa, where nearly a decade after the end of apartheid, the white minority continues to own more than 87 percent of the land. (TRIBUNE MEDIA)



"WAREHOUSE 13

Slightly Cluttered



The gadgety fantasy "Warehouse 13" — now entering its second season — stars Eddie McClintock, right, as a Secret Service agent reassigned to a secret repository

of all things strange and legendary. With partner Myka (Joanne Kelly, center), he helps the gnomish warehouse caretaker Artie (Saul Rubinek, left) protect the artifacts. This batch of episodes includes crossovers with "Eureka" and guest stints by Lindsay Wagner and Tia Carrere. KEVIN MCDONOUGH (UNITED FEATURE SYNDICATE)

Reality



High Times

On "Losing It With Jillian"
(8 p.m., NBC), Jillian moves
in with the Vivio family, all of
whom are above-average in
height. Dad Mark has seen
his self-esteem shrink after
a series of health problems
forced him to close his roofing business, triggering an
unhealthy downward spiral
that's also affecting his youngest son, Elijah. (TRIBUNE MEDIA)

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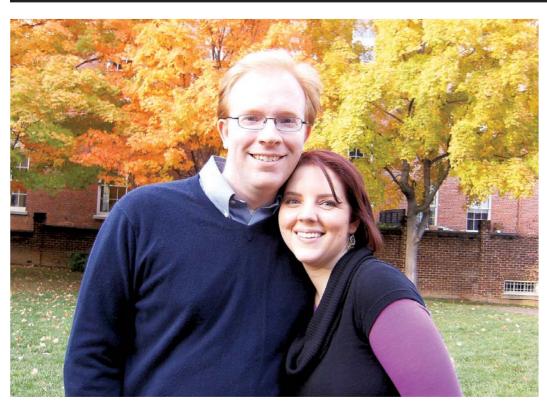
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*\$6.99 pricing is per person and does not include shoe rental. Offer good Sunday-Thursday only from 9 p.m. until closing, which varies by location.

Offer not good for league or tournament play and cannot be combined with other offers. Offer subject to change at any time.

weddings lookout



Brianne Kennedy, Chris Riley

BRIANNE, 27, IS A LAW STUDENT. CHRIS, 28, IS A LAWYER FOR A PUBLIC INTEREST GROUP. THEY LIVE IN ARLINGTON AND ARE MARRYING JULY 25 IN SAN FRANCISCO.

THE MAIN EVENT: A "pretty fancy" shindig in San Francisco. The wedding is 155 years to the day that Brianne's family arrived in the city by steamship after coming around Cape Horn from New York. A "live event artist" will create a painting of the reception as it's happening.

HOW THEY MET: On eHarmony. "I almost didn't write to Chris, since his only picture was one of his head, and I thought that was a little strange, but there was something about him that really struck me."

FIRST DATE: They met at Sonoma on Capitol Hill and stayed for five hours. FIRST KISS: At the Capitol South Metro station. "It's the closest to Sonoma. Man, that wine was good," Chris says.

HOW HE PROPOSED: During her Barrister's Ball ("like prom for law students," Brianne says). "I wanted us to be dressed up, and I wanted Brianne to have friends around so that we could get pictures and so that Brianne could show off her ring," Chris says.

THEIR SONG: Frank Sinatra's "Come Rain or Come Shine."

PET NAMES: He's "Boop"; she's "Baby Boop."



Peter LeFevre, Shelley McClean

PETER, 27, IS AN AIR TRAFFIC CONTROLLER. SHELLEY, 26, IS A BUDGET ANALYST. THEY LIVE IN BETHESDA.

THE MAIN EVENT: A semiformal ceremony and reception on July 17. Their recessional music will be the Beatles' "All You Need Is Love."

HOW THEY MET: In high school, through mutual friends.

prom together, but they didn't start seriously dating until after college.

FIRST KISS: It was on her birthday three years ago, while drinking champagne and watching an episode of "Curb Your Enthusiasm."

FIRST DATE: They went to his senior

HOW HE PROPOSED: On Shelley's birthday, Peter surprised her with homemade breakfast and a trip to New Orleans, where she went to college. They hopped in a limo (stocked with Blue Moon, her favorite beer) for a tour of the city, and then "he proposed when we got to our hotel amidst a bunch of roses and candles." MOST-HATED CLOTHING ITEM: Her high-waisted khakis; his golf shirts. STUPIDEST FIGHT: "He will only let

WHEN THEY KNEW: "When I discovered she found all my jokes funny—even my B and C material."

me order pizza toppings that are cov-

Online Now

ered by his coupons."

Visit expressnightout.com/bio for more of Express' couple profiles, and washingtonpost.com/onlove for Washington Post coverage.

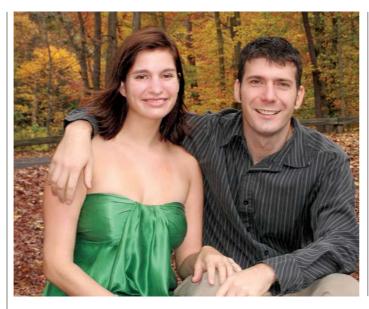
Matt Carl, Robin Zeffiro

MATT, 33, IS A VIDEO EDITOR. ROBIN, 26, IS A PERSONAL TRAINER AND AN AMERICAN UNIVERSITY ADJUNCT. THEY LIVE IN D.C.

THE MAIN EVENT: On July 10, they'll swap vows in an outdoor ceremony at a Maryland park. Matt's father, a Lutheran pastor, will officiate.

HONEYMOON: Camping in a (posh) tree house in Costa Rica. "We have all sorts of fun adventures lined up," Matt says. "Windsurfing, zip-lining, visiting a live volcano, a nighttime crocodile hike — which sounds like a terrible idea — and so much else."

HOW THEY MET: Playing kickball on the Mall. "It wasn't until a couple seasons later that we took our relation-



ship to the next level and joined the same team," Matt says.

FIRST DATE: The National Christmas Tree, then dinner at Cafe Asia. **HOW HE PROPOSED:** Several days before a planned camping excursion. Matt drove to Harper's Ferry to bury a small wooden chest containing the ring at a spot on the Appalachian Trail. Then he suggested they bury a time capsule on their trip, and "I pretended that we randomly discovered this wooden chest buried in the same spot." Robin says that when she saw what was inside, she "cried so hard, nearby hikers stopped to see if I needed assistance." MOST-HATED CLOTHING ITEM: "All his flannel." "Her shirt that reads. 'Good Girls Don't Pout.'"

"I pretended that we randomly discovered this wooden chest buried in the same spot [as our time capsule]." -MATT CARL

BIO

By Invitation Only If you'd like to see your wedding or commitment ceremony in B.I.O., send your favorite informal photograph (wacky is fine, but please don't send a formal engagement shot), plus your names and ceremony date to weddings@readexpress.com. Please contact us at least one month before your wedding. We'll get back to you with questions.

lookout online

Poll Center

Today's Question

HAS THE WORLD CUP AFFECTED YOUR PRODUC-**TIVITY AT WORK?**

VOTE AT EXPRESSNIGHTOUT.COM OR TEXT A FOR YES OR B FOR NO TO 98999

Friday's Results

DO YOU PLAN TO PROTEST MEL GIBSON'S MOVIES AFTER HIS ALLEGED RACIST RANT?

72% 28%

"No, I prefer to boycott Mel

Gibson's movies because they suck. Seriously, he hasn't made a decent film since 'Mad Max."

COMMENTER CARRETT IRRY

"Protest? Nah. He has the right to say what he thinks, and I have the right to have a completely different opinion."

COMMENTER GARRETT IRBY

"No, but the image of my boyhood hero Mad Max has been tarnished."

COMMENTER JEDIVADER

SEE HOW YOUR METRO STATION VOTED AT WWW.EXPRESSNIGHTOUT.COM



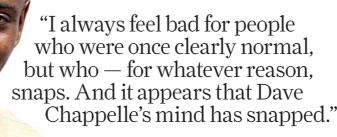
"We would like to take this opportunity to take back every bad thing we have ever said about Kristen Stewart EVER. Seriously, give her an Oscar. Give her two! Because we have finally seen the **REAL** worst actress to ever grace the screen, and her name is Bristol Palin."

- PEREZHILTON.COM WAS NOT A FAN OF PALIN'S APPEARANCE ON "THE SECRET LIFE OF THE AMERICAN TEENAGER."



"I think this must be the biggest shock of the **2010 World Cup since Germany** trashed Argentina

-STARBUCKS87DUDE.BLOGSPOT. **COM** WAS SURPRISED TO HEAR THAT PORTUGUESE SOCCER PLAYER CRISTIANO RONALDO IS NOW A FATHER. RONALDO MADE THE ANNOUNCEMENT VIA TWITTER SUNDAY.



- HICKTOWNPRESS.COM REACTS TO A TMZ.COM STORY THAT THE COMEDIAN "FREAKED OUT" ON A PRIVATE PLANE HEADED FROM NEW JERSEY TO OHIO AND FORCED THE PILOT TO DIVERT THE PLANE TO PITTSBURGH.

"IF YOU THINK President Obama has a huge following, think again. Lady Gaga beats Obama hands down, at least on Facebook."

- TECHIE-BUZZ.COM NOTES THAT THE POP SINGER HAS 10.4 MILLION FACEBOOK FANS COMPARED TO THE 9.7 MILLION FANS OBAMA HAS.

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nine simple numbers

you learned by age 3





puzzles lookout

Horoscope

CANCER (June 21-July 22) You must take care that you don't abuse a friendship. You'll want to follow the rules, especially if you helped to make them.

LEO (July 23-Aug. 22) You may have to go round and round before you finally settle down into some sort of temporary routine. This won't last forever.

VIRGO (Aug. 23-Sept. 22) A practical joke may be taken the wrong way and result in a rift that is difficult to heal. It's time to take the high road.

LIBRA (Sept. 23-Oct. 22) You may have to squeal on someone who has crossed the line. In time, it will be as if nothing happened, but not now, certainly.

SCORPIO (Oct. 23-Nov. 21) You must be ready for a rather volatile reaction to what you have to say — and yet there's no way you can avoid saying it.

SAGITTARIUS (Nov. 22-Dec. 21)

It may be time for you to express your displeasure with someone else's behavior in a straightforward, uncensored manner.

CAPRICORN (Dec. 22-Jan. 19)

A friend or co-worker is likely to get the message, even though you are not able to deliver the message in the most direct way possible.

AQUARIUS (Jan. 20-Feb. 18)

What others are doing with a good deal of success may not be for you - now or ever. Continue finding your own avenues of achievement.

PISCES (Feb. 19-March 20)

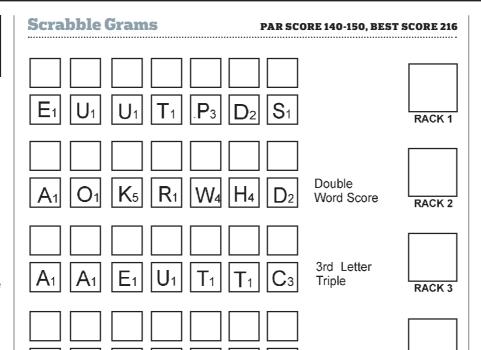
Prospects are good, but you may have one or two obstacles to overcome before you settle into a routine that offers continual payoff.

ARIES (March 21-April 19) You may be able to take advantage of someone else's generosity, but be sure to give credit where credit is due.

TAURUS (April 20-May 20) You'll enjoy seeing one or two of your ideas come to fruition at this time, especially if you don't have to do all the work.

GEMINI (May 21-June 20) A friend comes to you with certain unusual needs, and after a moment or two of hesitation, you should be able to supply them.





Friday's Solution

M ₃ Y ₄ O ₁ P ₃ I ₁ A ₁	RACK 1 =	21_
C_3 O_1 U_1 L_1 D_2 S_1 T_1	RACK 2 =	60
L ₁ O ₁ N ₁ G ₂ E ₁ S ₁ T ₁	RACK 3 =	58_
S ₁ U ₁ R ₁ F ₄ A ₁ C ₃ E ₁ PAR SCORE 150-160	RACK 4 = TOTAL	<u>74</u> 213

FOUR RACK TOTAL

Make a 2-7 letter word from the letters in each row. Add points of each word using scoring directions at right. 7-letter words get a 50-point bonus. Blank tiles used as any letter have no point value. Scrabble is a trademark of Hasbro in the U.S. and Canada.

Sudoku

MEDIUM

			8	4			
8			2	3			1
8 9 5		3			5		8
5		7			9		2
	6					5	
4		1			6		3
1		2			8		3 6
6			1	9			4
			7	6			

Friday's Solution

9	7	8	2	1	3	6	4	5
3	2	1	6	4	5	9	8	7
4	5	6	8	9	7	2	3	1
2	6	7	5	3	8	4	1	9
1	4	3	9	7	6	8	5	2
8	9	5	1	2	4	7	6	3
5	8	9	7	6	1	3	2	4
7	1	4	3	8	2	5	9	6
6	3	2	4	5	9	1	7	8

Need more Suldolku?

Find another puzzle in the Comics section of The Post every Sunday and in the Style section Monday through Saturday.

© PUZZLES BY PAPPOCOM

100 77

Comics

WHAT

HAPPENED

HERE ?

FIND MORE COMICS AT EXPRESSNIGHTOUT.COM

COMPLIMENTARY

NACHOS?

McZeehas

RACK 4

POOCH CAFE | PAUL GILLIGAN



PEARLS BEFORE SWINE I STEPHAN PASTIS

My frend Bob choke on

you Zeeburger ... It

McZeehas

have beeg bone.



MY.



Yeah...You keel my

bess frend...Whuh

McZeehas

you do now?



0000000h ...

Extra

cheesy.



and humid today. Clear tonight.

Forecast

Tomorrow: Partly sunny tomorrow. Partly cloudy tomorrow night.

Today: Sunny much of the time, very hot

Looking Ahead







94 76 96 75 86 72

Sun and Moon

Sunrise today: 5:49 a.m. Sunset today: 8:37 p.m. Moonrise today: 1:09 a.m. Moonset today: 3:39 p.m.

Normal high: 88 Record high: 102 Normal low: 69 Record low: 53

Almanac

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lookout puzzles Crossword

1/

17

20

26

35

39

43

55 56 57

63

66

69

ACROSS

- 1 Dogie snagger
- 6 Voice in the choir
- 10 Dark red
- 14 Stomach lining problem
- 15 Bouncer's station
- 16 Overseas title (var.)
- 17 Very tidy
- 19 Cut in a skirt
- 20 Subtract
- 21 Pant waist inserts
- 23 Guilty, e.g.
- 25 Heineken bottle symbol
- 26 Children's card game
- 29 Makes a miscalculation
- 31 Evoke, as a response
- 35 Summer drink suffix
- 36 Little lice
- 38 Union Civil War general George
- 39 Spotless
- 43 Form of address for
- 44 Blunted dueling sword
- 45 Dusk, poetically
- 46 Worry persistently
- 48 Rodgers' collaborator
- 50 Street crossers, sometimes (abbr.)
- 51 Reastar
- 53 Track habitue
- 55 Sewing machine parts
- 59 In the same place, in footnotes
- 63 Indian attire
- 64 Pristine
- 66 Rainfall-challenged
- 67 Subject of a sentence
- 68 Large-eyed tree climber
- 69 Glass designer Lalique
- 70 Dead set against
- 71 South African golfer Els

- 1 Bergman's "Casablanca"
- 2 Opposite the wind
- 3 Great quantity

- 4 Arrange, as a meeting
- 5 Divine communicator
- 6 Orthodontists' org.
- 7 Easy run
- 8 Breaks one's back
- 9 Highly decorative
- 10 Doughy desserts
- 11 Uncomely citrus fruit?
- 12 Elegantly stylish
- 13 Tries the truffles
- 18 Breastbones
- 22 Pheasant ragout
- 24 Face the day
- 26 Screwball
- 27 Improvise
- 28 Orchestra section
- 30 Type of bacterial infection
- - 32 Feed at a fete for

67

70

33 Ran in neutral

52

15

30

58

65

18

- 34 Soon-to-be adults
- 37 Gymnast's beads
- 40 Capital of South Australia
- 41 Barely beat, with "out"
- 42 Medal-worthy
- 47 City of central Kansas
- 49 Capillary, e.g.
- 52 Screwtape, in "The
- Screwtape Letters"
- 54 Bathroom floor
- installer
- 55 Pre-Russian Revolution
- 56 Facing extinction
- 57 The Auld Sod

58 Censor's target

68

60 Broadway's "___ Yankees"

SWEPT AWAY

12

33

45

50

60 61

54

16

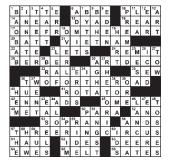
19

38

42

- 61 Small needle case
- 62 A ___ formality 65 Folk rocker DiFranco

Friday's Solution



<mark>Today</mark> in History

Arrine r rains and ly go into hiding in a secret area in a warehouse in Amsterdam.

win Wimbledon.

Althea Gibson becomes the first African American to

The United States Naval Academy admits women for the first time in its history with the induction of 81 female midshipmen.

EXPRESS CAC



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MYSTERY COUNTRIES

We Think It Might Be in the Andes. Or Maybe Africa

Shiloh Jolie-Pitt's controversial boyish style is being scrutinized again, following mom Angelina Jolie's assertion to Vanity Fair that the toddler has "Montenegro style." "I don't think anybody knows what that means," stylist Robert Verdi told Usmagazine.com. "It's a beautiful [country] but with no particular known style connotation," said Stacy London of TLC's "What Not to Wear." (EXPRESS)

MESSAGES

Passive Aggression Even Sadder in All Lowercase

Melissa Etheridge filed to dissolve her domestic partnership with Tammy Lynn Michaels on Friday in Los Angeles. Michaels wrote on her blog that she was blindsided: "Even though we both promised agreed handshook pinkyswore no filing until after tour in the fall her broken promises told to me by headlines." "Have a good concert," she added. (EXPRESS)



Melissa was doing it again—always edging Tammy out of the picture.

Victims



Loyal Fans Given Awesome Justice

A judge has dropped charges against two surfers accused of attacking a celebrity photographer shooting photos of Matthew McConaughey on a Malibu beach two years ago. The charges were dismissed Friday after prosecutors decided against starting a third trial. A jury deadlocked last month on the misdemeanor battery case. (AP)





and give it a try.

Gotta be honest.

I'm scared!!"

MCDERMOTT, AKA MR. TORI SPELLING. OVER-SHARES FROM HIS HOS-PITAL BED ON FRIDAY. HE PUNCTURED A LUNG LAST TUESDAY IN A DIRT

GO 'LIKE' US!

Express: 1,451 Fans. Lady Gaga: 10 Million-Plus

Lady Gaga on Friday became the first living entity to have more than 10 million Facebook fans, according to Famecount.com. surpassing the oddly friend-heavy Vin Diesel. She's still only sixth: Texas Hold 'em Poker, Michael Jackson, Mafia Wars, Facebook and "Family Guy" all have more friends. (EXPRESS)

UNSOLICITED UPDATE

people lookout

Since You Asked, She's **Just Fine**

Jessica Simpson is dating another football player — former San Francisco 49ers tight end Eric Johnson — and has been since May, People.com reported. She also made her first red carpet appearance since embarking on a strict detox diet, at the grand opening of a West Virginia casino. Simpson tweeted earlier this month that she is not attempting to lose weight, but to "understand my body through hydration and alkalinity." The singer turns 30 this weekend. (EXPRESS)

EVAN AGOSTINI/AP



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